



PHUMULANI

The voice of immigrants and refugees in America

Healing the Memory, Restoring the Village

**IMPACT
REPORT**



2025



Founder's Message

Comfort Dondo

In our traditions we say, 'I am because we are.' This truth carried us through 2025, a year of remembrance, healing, and collective rising.

At Phumulani, we restore what was broken, call back what was forgotten, and walk with our people as they journey from pain into power. This year, healing rooted in ancestral wisdom flowed through our circles, our youth, our survivor leaders, and our community.

With the acquisition of the Phumulani Healing Center opening in 2026, we step into a new era of sanctuary and restoration.

May we continue to heal the memory. May we continue to restore the village.

2025 Highlights

412 survivors supported with crisis advocacy

1,250+ hotline and WhatsApp crisis calls

540 participants in Healing Circles

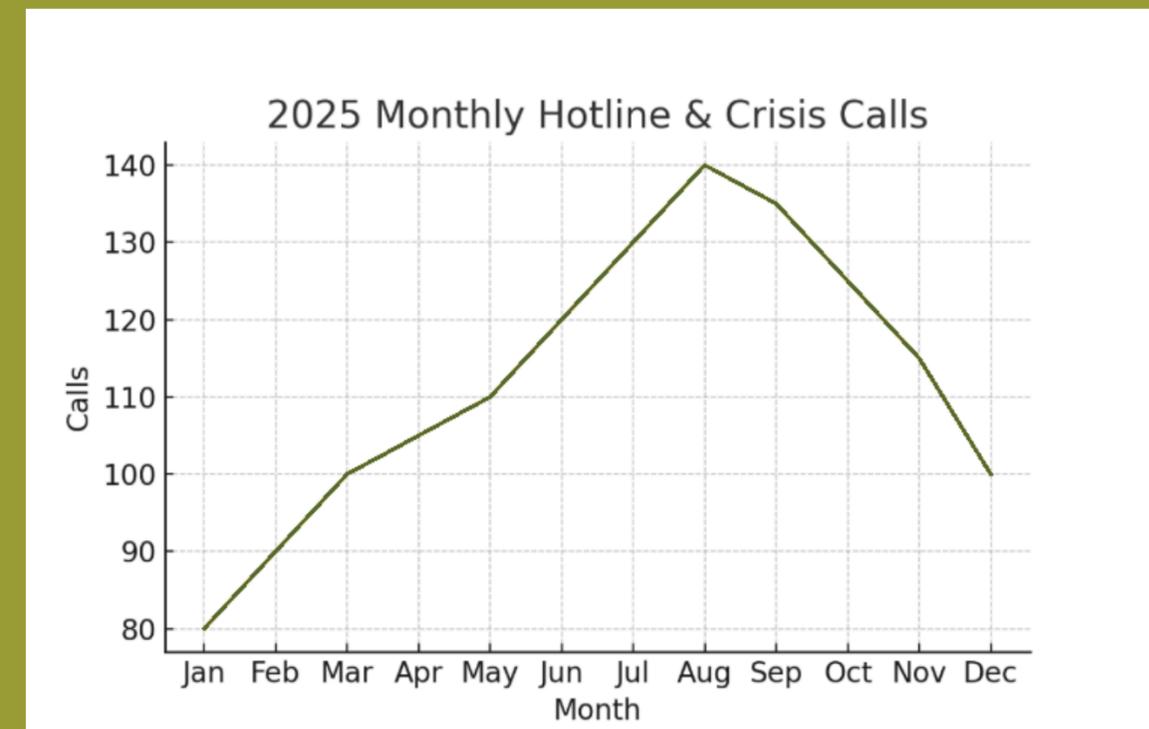
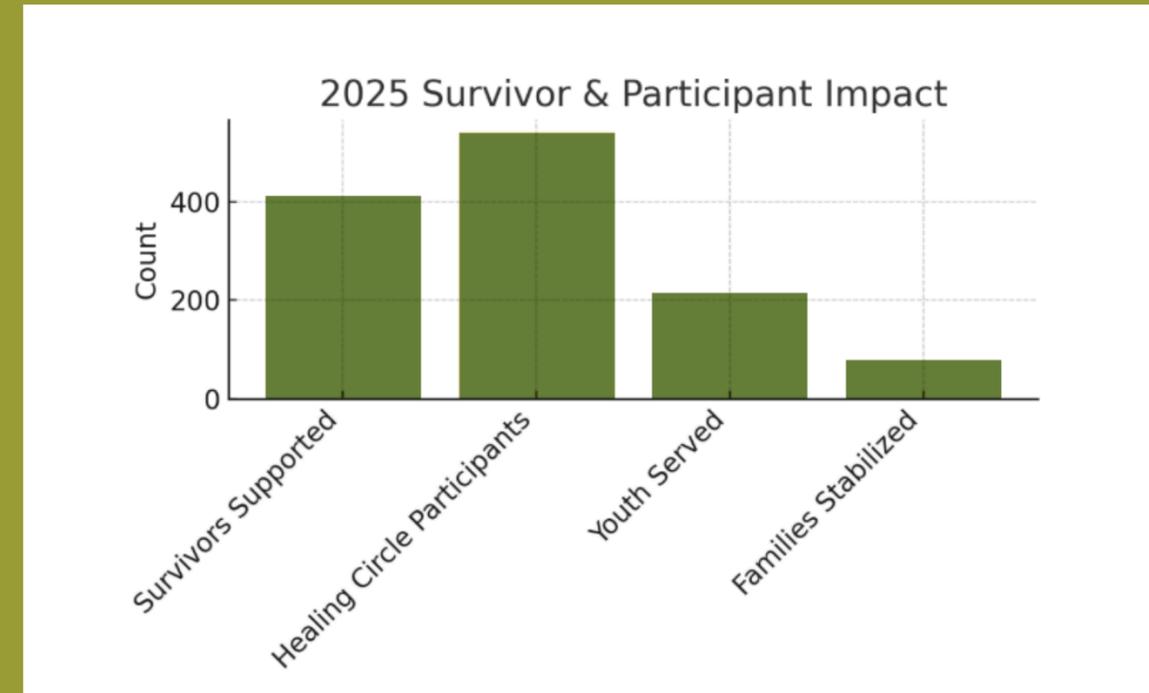
215 youth served

78 families supported in stabilization

1,370 professionals trained

22 community cultural events

42,000+ community members reached



Survivor Support & Healing Services

- 38 families received Healing Homes shelter or relocation support
- Survivors represented 12 African countries
- 100% reported increased emotional and physical safety
- 540 total participants in trauma healing practices



Healing Circles & Trauma Recovery

- 64 Healing Circles grounded in African cosmology and storytelling
- Decreased isolation and increased emotional regulation
- Strengthened cultural identity and communal healing



Youth Leadership & Family Stability

- 215 youth reached through leadership and prevention programs
- 78 families supported with culturally aligned family restoration
- Reduction of school absenteeism for 43 children



Health Equity & Systems Change



Co-led statewide healthcare IPV/SV response initiative



1,370 professionals trained across Minnesota



Launched Survivor Leadership Cohort (2025–2026)

Community Engagement & Cultural Restoration



- 22 culturally rooted community events held in 2025
- 14 survivor stories shared with consent
- 42,000+ community members reached



Global Solidarity: Zimbabwe & Diaspora Healing

- Expanded cross-border healing programs for survivors of war-related violence
- Strengthened partnership with Books for Africa & Zimbabwe Ministry of Youth
- Supported Primrose Ruwocha's healing journey and surgeries

Phumulani Healing Center Opening 2026

The Healing Center will provide:

- Trauma-informed lodging and restoration
- Culturally grounded healing spaces
- Youth mentorship & family services
- Somatic practices & community ceremony spaces





Looking Ahead: 2026 and Beyond

- Launch Minnesota's first African-centered Trauma Healing Institute
- Expand Healing Homes into a full transitional housing model
- Build statewide survivor data initiative
- Strengthen institutional partnerships

Contact Us



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